



FollowMyHealth Features Guide: **Viewing Your Immunizations**

via Online on the Computer



FollowMyHealth®
An Allscripts Solution

Viewing Your Immunizations via Online on the Computer

1. Click on the “My Health” tab at the top of the page.

2. Click on the “Immunizations” tab to view all your immunizations.

Send a Message Schedule an Appointment Hello My Account English Q

Messages and requests will be responded to within 2 business days. Emergencies call 911.

Home Inbox (0) My Health My Info

Summary Conditions Medications Allergies Immunizations Results Vitals Documents Chart

Immunizations

Show Received Add Immunization View Schedule Send

Email Print Fax

Influenza (3 years and up)	Influenza (3 years and up)	09/15/2016	Received
	Influenza (3 years and up)	02/15/2016	Received
Influenza, inj, quadri, preservative free, ped	Influenza, inj, quadri, preservative free, ped	10/01/2016	Received
	Influenza, inj, quadri, preservative free, ped	01/01/2016	Received
Influenza, injectable, quadrivalent	Influenza, injectable, quadrivalent	11/29/2016	Received
	Influenza, injectable, quadrivalent	10/14/2016	Received
	Influenza, injectable, quadrivalent	10/02/2016	Received
	Influenza, injectable, quadrivalent	09/26/2016	Received
	Influenza, injectable, quadrivalent	09/26/2016	Received
	Influenza, injectable, quadrivalent	09/20/2016	Received
	Influenza, injectable, quadrivalent	09/05/2016	Received
	Influenza, injectable, quadrivalent	08/02/2016	Received
	Influenza, injectable, quadrivalent	08/01/2016	Received
Tdap (7 years and up)	Influenza, injectable, quadrivalent	06/28/2016	Received
	Tdap (7 years and up)	10/01/2012	Received

Note: This drop-down menu displays options on emailing, printing, or faxing your immunizations.

3. Click on the immunization to view its details.



Viewing Your Immunizations via Online on the Computer

4. This window will open where it shows the details of your immunization.

View Immunization ×

Immunization:

Date (e.g. 10/29/1985):

Status:

Received ▼

Provider:

Source:

Comments:

× Remove Close

5. Click "Close" when you are done viewing the details of this immunization.

Viewing Your Immunizations via Online on the Computer

The screenshot shows the Sea Mar Community Health Centers website. The header includes the logo and navigation links: Send a Message, Schedule an Appointment, Hello, My Account, English, and a search icon. Below the header is a secondary navigation bar with Home, Inbox (0), My Health, and My Info. The main navigation bar includes Summary, Conditions, Medications, Allergies, Immunizations (highlighted), Results, Vitals, Documents, and Chart. The Immunizations section is active, showing a table of immunizations. A red box highlights an information icon (i) next to the second row of the table.

Immunization	Date	Status
Influenza (3 years and up)	09/15/2016	Received
Influenza (3 years and up)	02/15/2016	Received

Note: This information button displays education on the immunization.

Vaccine Information - Influenza (3 years and up)

Influenza, Seasonal, Injectable (Flu)

Also known as - Afluria; Flulaval; Fluvirin; Fluzone

Vaccine Information Sheet(s)

1. [Influenza Vaccine - Inactivated VIS](#)

Note: Click on this link to open a document with information on the vaccine.

The Vaccine Information Statement (VIS) for Influenza (Flu) Vaccine (Inactivated or Recombinant) provides detailed information about the vaccine. It includes sections on why to get vaccinated, who should not get the vaccine, and what to expect. The document is titled "VACCINE INFORMATION STATEMENT" and "Influenza (Flu) Vaccine (Inactivated or Recombinant): What you need to know".

1 Why get vaccinated?

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May. Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact. Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include:

- fever/chills
- sore throat
- muscle aches
- fatigue
- cough
- headache
- runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year **thousands of people in the United States die from flu**, and many more are hospitalized.

Flu vaccine can:

- keep you from getting flu,
- make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

2 Inactivated and recombinant flu vaccines

A dose of flu vaccine is recommended every flu season. Children 6 months through 8 years of age may need two doses during the same flu season. Everyone else needs only one dose each flu season.

3 Some people should not get this vaccine

Tell the person who is giving you the vaccine:

- **If you have any severe life-threatening allergies.** If you ever had a life-threatening allergic reaction after a dose of flu vaccine, or have a severe allergy to any part of this vaccine, you may be advised not to get vaccinated. Most, but not all, types of flu vaccine contain a small amount of egg protein.
- **If you ever had Guillain-Barré Syndrome (also called GBS).** Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.
- **If you are not feeling well.** It is usually okay to get flu vaccine when you have a mild illness, but you might be asked to come back when you feel better.



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Sea Mar
Community Health Centers
Clínica de la Comunidad
Exceptional service. Every person. Every time.

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Children, 0-6 yr.
Preteens and Teens, 7-18 yr.
Adults, above 19 yr.

Note: Click “View Schedule” to view the immunization schedule for any age group.

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This window will open where it shows the immunization schedule by the age group you selected.

Recommended Immunizations for Adults by Age in Easy-to-read Format

United States, 2018

Immunization Schedule

- [Compliant version of the schedule](#)
- [Color](#) 🇺🇸 [2 pages]
- [Black & white](#) 🇺🇸 [2 pages]
- En español: [Adult Schedule by Age in Easy-to-read Format](#)

If you are this age ⬇	talk to your health care professional about these vaccines ➡														
	Flu Influenza	Td or Tdap Tetanus Diphtheria, pertussis	Shingles Zoster		Pneumococcal		Meningococcal		MMR Measles, mumps, rubella	HPV Human papillomavirus		Chickenpox Varicella	Hepatitis A	Hepatitis B	Hib Haemophilus influenzae type b
			RZV	ZVL	PCV13	PPSV23	MenACWY	MenB		for women	for men				
19-21 years															
22-26 years															
27-49 years															
50-64 years															
65+ years															
More Information:	You should get flu vaccine every year.	You should get 1 dose of Tdap if you did not get it as a child or adult. You should also get a Td booster every 10 years. Women should get 1 dose of Tdap during every pregnancy.	There are 2 types of zoster vaccine. You should get 2 doses of RZV at age 50 years or older (preferred) or 1 dose of ZVL at age 60 years or older, even if you had shingles before.		There are 2 types of pneumococcal vaccines. You should get 1 dose of PCV13 and at least 1 dose of PPSV23 depending on your age and health condition.		There are 2 types of meningococcal vaccines. You may need one or both types depending on your health condition.		You should get this vaccine if you did not get it when you were a child.						
										You should get HPV vaccine if you are a woman through age 26 years or a man through age 21 years and did not already complete the series.					

FollowMyHealth Support Information

If you need any assistance and/or support for your FollowMyHealth account, please contact:

Support Hotline: 1-888-670-9775

Email: support@followmyhealth.com



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