



FollowMyHealth Features Guide: **Viewing Your Immunizations**

via FollowMyHealth Phone Application

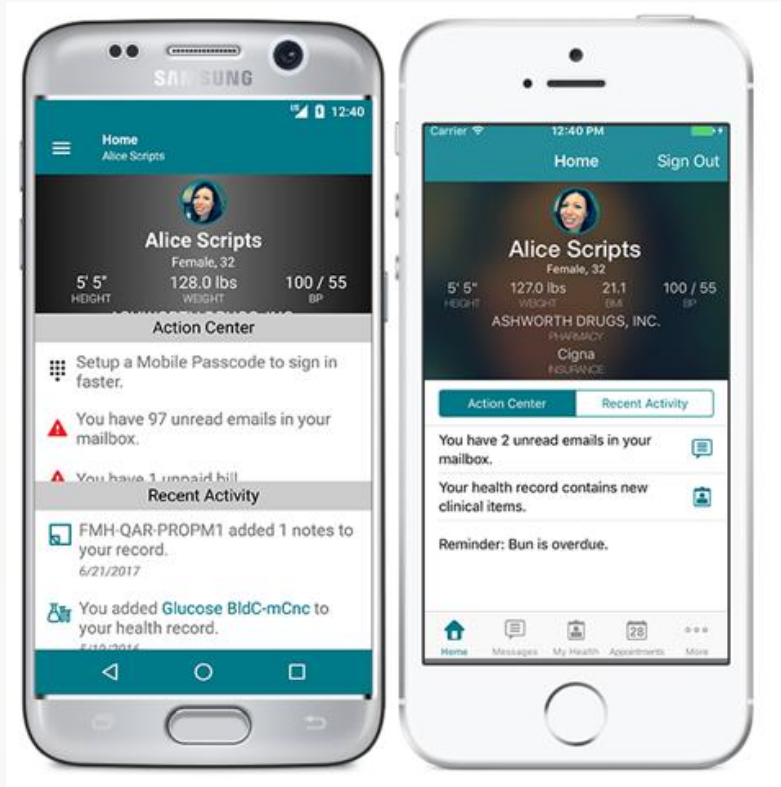


FollowMyHealth®
An Allscripts Solution

FollowMyHealth Phone Application

The mobile portal views will look slightly different on an Android phone vs. an iPhone. But, they both have the exact same tab functions.

Please note that the following screenshots will be views from an Android Phone.

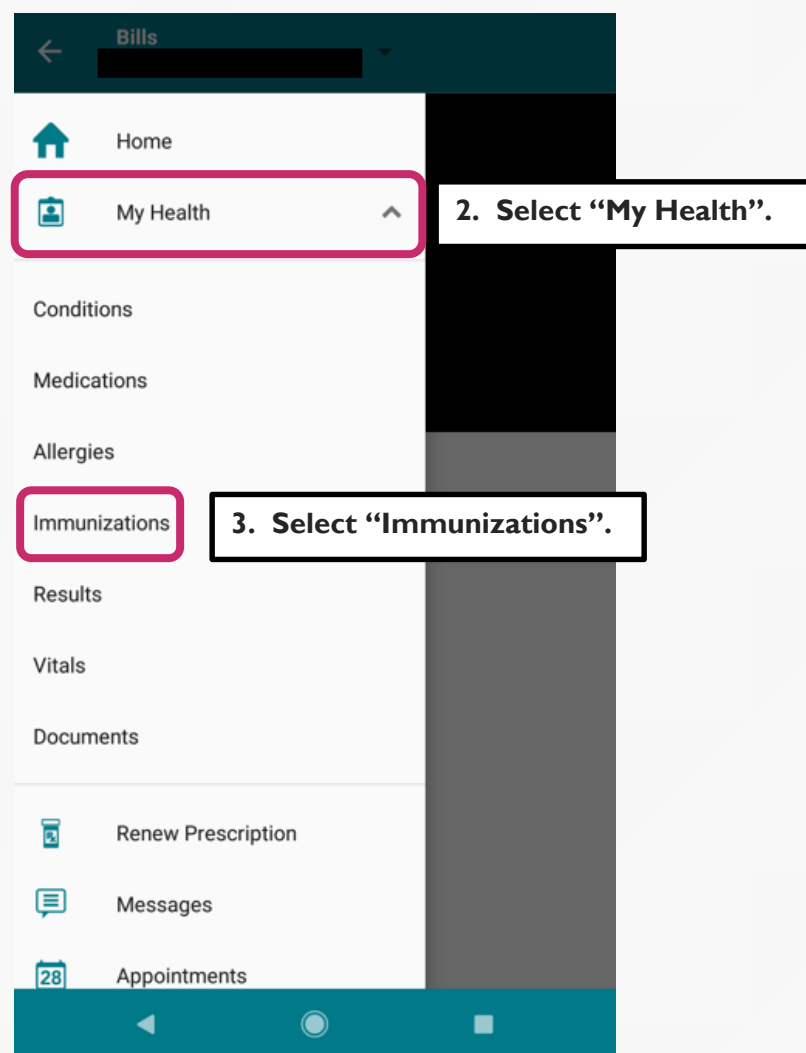
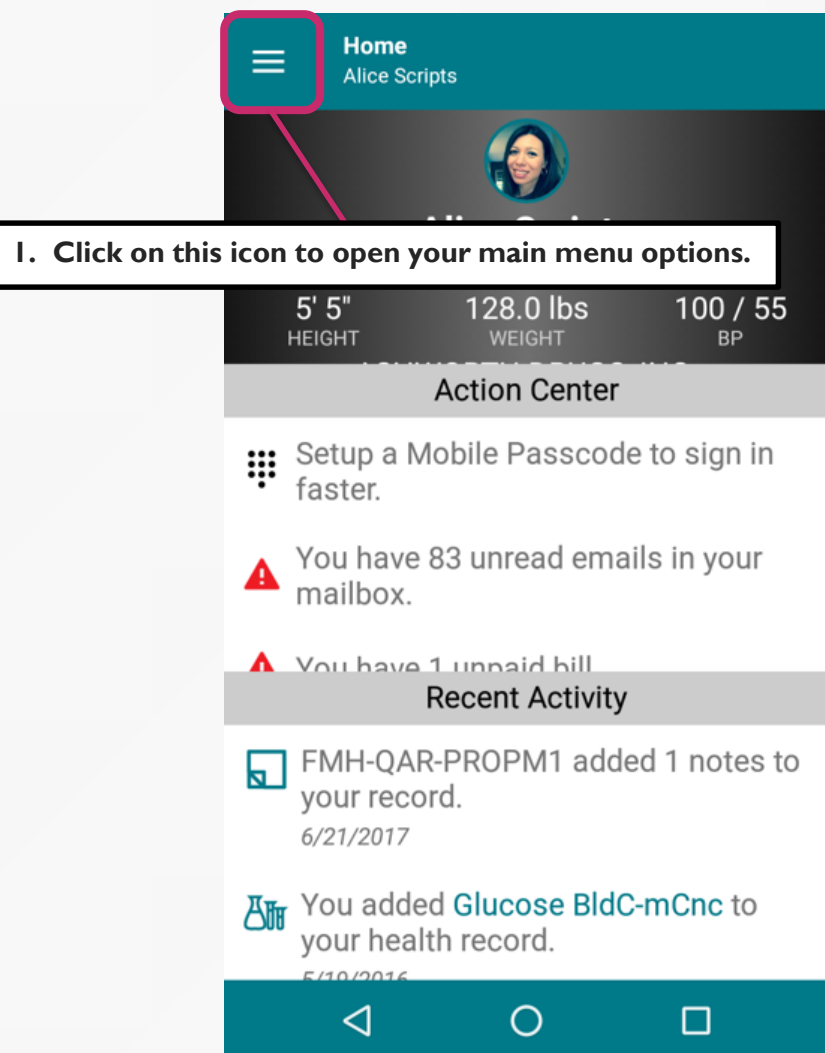


Android

iPhone



Viewing Your Immunizations via FollowMyHealth Phone Application



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Note: This indicates that the immunization is new.

4. Click on the down arrow to view the details of the immunization.

3. All of your immunizations are displayed here under the "Immunizations" tab. The number next to it indicates how many immunizations are new.

5. Here are the details of the immunizations.

The screenshot shows the 'My Health' app interface. The top navigation bar includes a menu icon, the text 'My Health', and icons for a calendar and a share button. Below the bar is a tabbed interface with 'ALLERGIES', 'IMMUNIZATIONS 3', 'RESULTS', and 'VITA'. The 'IMMUNIZATIONS 3' tab is selected. A list of immunizations is displayed, each with a downward arrow and a '1 New' badge. The immunizations listed are: 'Influenza (3 years and up)', 'Influenza, inj, quadri, preservative free, ped', 'Influenza, injectable, quadrivalent', and 'Tdap (7 years and up)'. A pink arrow points from the '1 New' badge to the 'Influenza (3 years and up)' entry. Another pink arrow points from the '1 New' badge to the 'Influenza, injectable, quadrivalent' entry. A large pink arrow points from the 'Influenza (3 years and up)' entry to the right, leading to a detailed view of the immunizations.

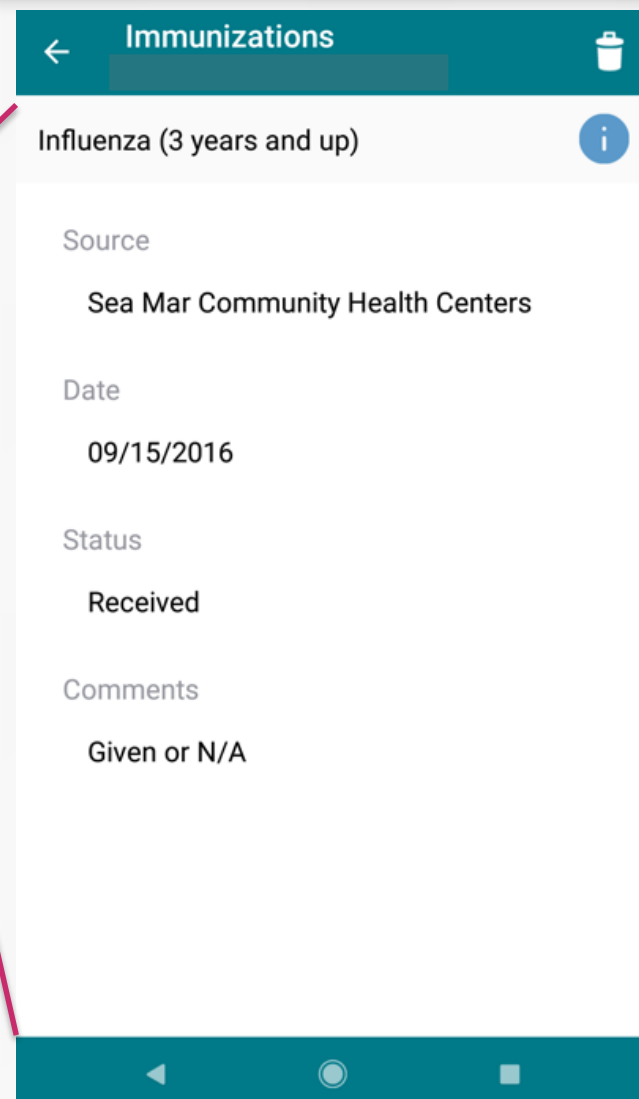
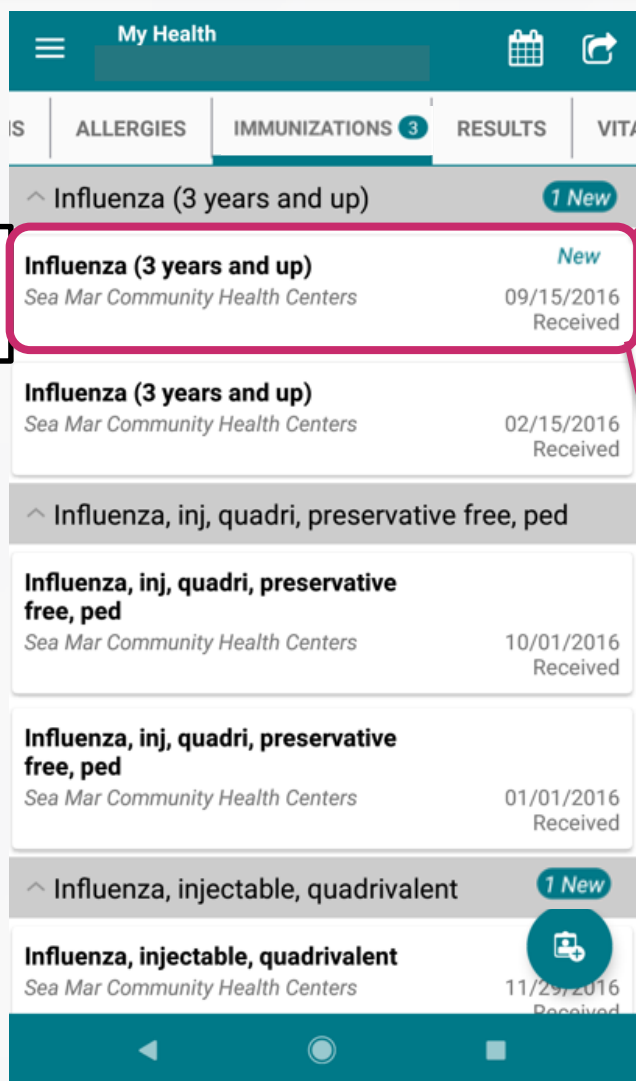
Immunization	Status
Influenza (3 years and up)	1 New
Influenza, inj, quadri, preservative free, ped	
Influenza, injectable, quadrivalent	1 New
Tdap (7 years and up)	1 New

Details of Immunizations:



Immunization	Status	Date Received
Influenza (3 years and up)	New	09/15/2016
Influenza (3 years and up)		02/15/2016
Influenza, inj, quadri, preservative free, ped		10/01/2016
Influenza, inj, quadri, preservative free, ped		01/01/2016
Influenza, injectable, quadrivalent	1 New	11/29/2016

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6. Click on the immunization to view further details.



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 Immunizations 

Influenza (3 years and up)



Source

Sea Mar Community Health Centers

Date

09/15/2016



Status

Received

Comments

Given or N/A

Note: This information button displays education on the immunization.

 Immunizations 

Vaccine Information - Influenza (3 years and up)

Influenza, Seasonal, Injectable
(Flu)

Also known as - Afluria; Flulaval; Fluvirin; Fluzone

Vaccine Information Sheet(s)





1. [Influenza Vaccine - Inactivated VIS](#)

Note: Click on this link to open a document with information on the vaccine.



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Here is the document with information on the vaccine.

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VACCINE INFORMATION STATEMENT

Influenza (Flu) Vaccine
(Inactivated or Recombinant):
What you need to know

1 Why get vaccinated?

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May.

Flu is caused by influenza viruses, and it spread mainly by coughing, sneezing, and close contact.

Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include:

- fever/chills
- sore throat
- muscle aches
- fatigue
- cough
- headache
- runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year **thousands of people in the United States die from flu**, and many more are hospitalized.

Flu vaccine can:

- keep you from getting flu,
- make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

2 Inactivated and recombinant flu vaccines

A dose of flu vaccine is recommended every flu season. Children 6 months through 8 years of age may need two doses during the same flu season. Everyone else needs only one dose each flu season.

Some inactivated flu vaccines contain a very small amount of a mercury-based preservative called thimerosal. Studies have not shown thimerosal in vaccines to be harmful, but flu vaccines that do not contain thimerosal are available.

Many Vaccine Information Statements are available in Spanish and other languages. See www.imzimmz.com/via.

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.imzimmz.com/via.

There is no live flu virus in flu shots. **They cannot cause the flu.**

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. But even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Flu vaccine cannot prevent:


- flu that is caused by a virus not covered by the vaccine, or
- illnesses that look like flu but are not.


It takes about 2 weeks for protection to develop after vaccination, and protection lasts through the flu season.

3 Some people should not get this vaccine

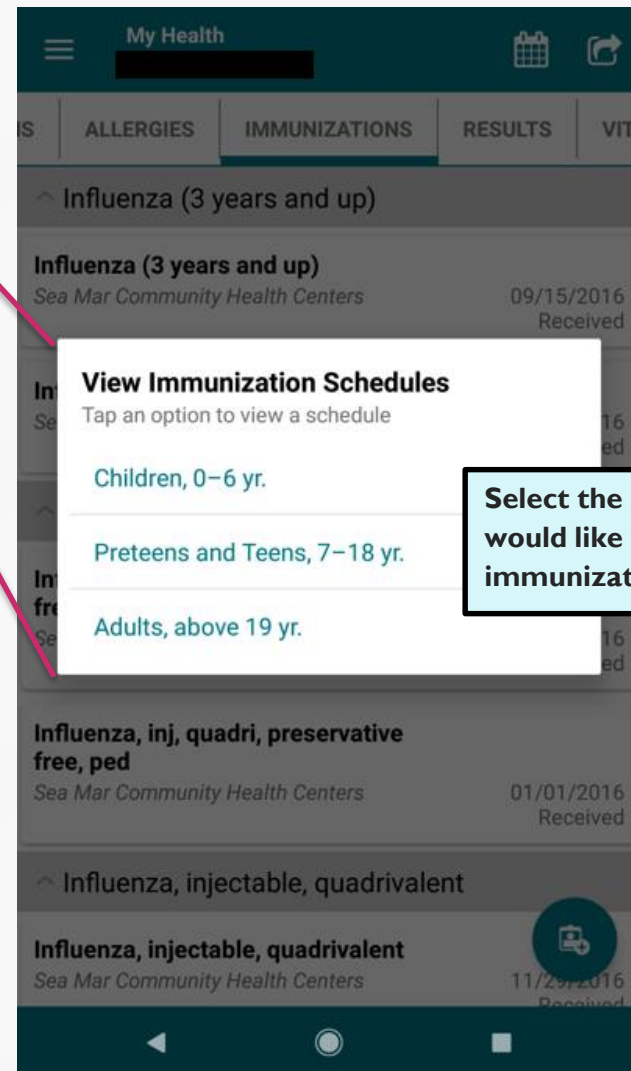
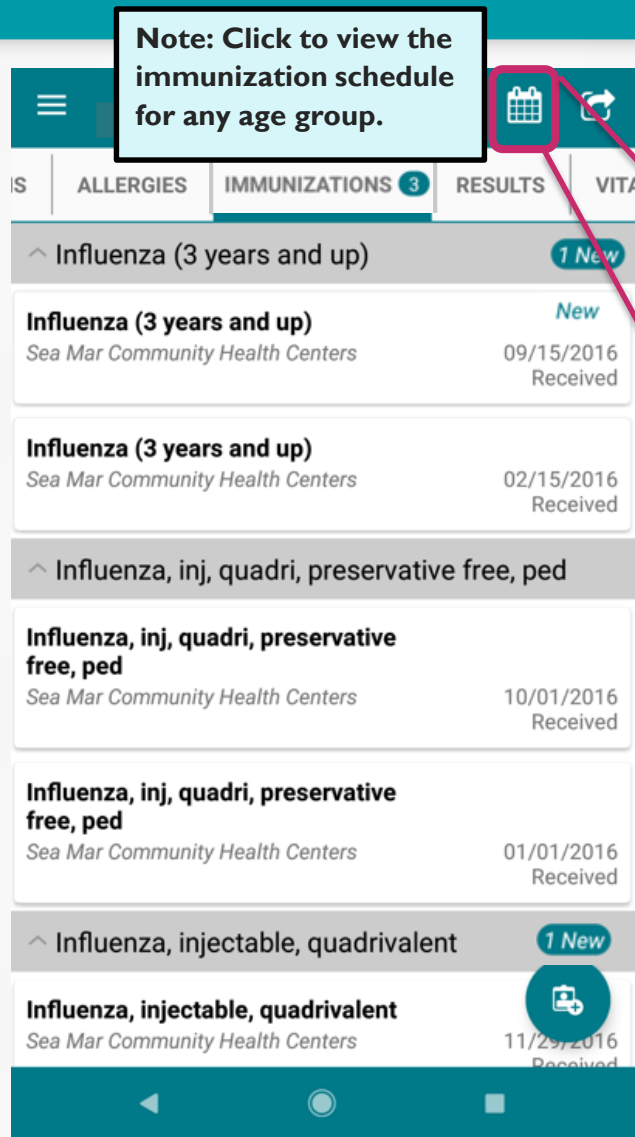
Tell the person who is giving you the vaccine:

- **If you have any severe, life-threatening allergies.**
If you ever had a life-threatening allergic reaction after a dose of flu vaccine, or have a severe allergy to any part of this vaccine, you may be advised not to get vaccinated. Most, but not all, types of flu vaccine contain a small amount of egg protein.
- **If you ever had Guillain-Barré Syndrome (also called GBS).**
Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.
- **If you are not feeling well.**
It is usually okay to get flu vaccine when you have a mild illness, but you might be asked to come back when you feel better.

 U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



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This window will open where it shows the immunization schedule by the age group you selected.

<https://www.cdc.gov/vaccines/sched> 2

Recommended Immunizations for Adults by Age in Easy-to-read Format
United States, 2018

Immunization Schedule

- [Consultant version of the schedule](#)
- [Color](#) (12 pages)
- [Black & white](#) (12 pages)
- [En español: Adult Schedule by Age in Easy-to-read Format](#)

If you are this age: Talk to your health care professional about these vaccines.

Age Group	Flu Influenza	Td or Tdap Tetanus Diphtheria, pertussis	Shingles Zoster	Pneumococcal	Meningococcal	Hib Haemophilus influenzae type b	HPV Human papillomavirus	Cholera Vaccine	Hepatitis A	Hepatitis B	Hib Haemophilus influenzae type b
19-21 years											
22-26 years											
27-49 years											
50-64 years											
65+ years											

More Information:

- Flu:** You should get 1 dose of Tdap if you did not get it as a child or adult. You should also get a Td booster every 10 years. Women should get 1 dose of Tdap during every pregnancy.
- Td or Tdap:** You should get 1 dose of Tdap if you did not get it as a child or adult. You should also get a Td booster every 10 years. Women should get 1 dose of Tdap during every pregnancy.
- Shingles:** There are 2 types of zoster vaccine. You should get 2 doses of ZV at age 50 years or older (preferred) or 1 dose of ZVL at age 60 years or older, even if you had shingles before.
- Pneumococcal:** There are 2 types of pneumococcal vaccines. You should get 1 dose of PCV13 and at least 1 dose of PPSV23 depending on your age and health condition.
- Meningococcal:** There are 2 types of meningococcal vaccines. You may need one or both types depending on your health condition.
- HPV:** You should get this vaccine if you did not get it when you were a child.
- Cholera:** You should get 1 dose of Cholera vaccine if you are a woman through age 26 years or a man through age 21 years and did not already complete the series.
- Hepatitis A:**
- Hepatitis B:**
- Hib:**

If you are traveling outside the United States, you may need additional vaccines. Ask your health care professional about which vaccines you may need at least 4 weeks before you travel.

The recommendations in this schedule were approved by the Centers for Disease Control and Prevention's (CDC) Advisory Committee on Immunization Practices (ACIP), the American Academy of Family Physicians (AAFP), the American College of Physicians (ACP), the American College of Obstetricians and Gynecologists (ACOG), and the American College of Nurse-Midwives (ACNM).

Page last reviewed: February 6, 2018
Page last updated: February 6, 2018
Content source: [National Center for Immunization and Respiratory Diseases](#)
Provided by: [Centers for Disease Control and Prevention \(CDC\)](#)

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FollowMyHealth Support Information

If you need any assistance and/or support for your FollowMyHealth account, please contact:

Support Hotline: 1-888-670-9775

Email: support@followmyhealth.com



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