



FollowMyHealth Guía de Funciones: **Viendo Sus Vacunas**

vía FollowMyHealth Aplicación de Teléfono

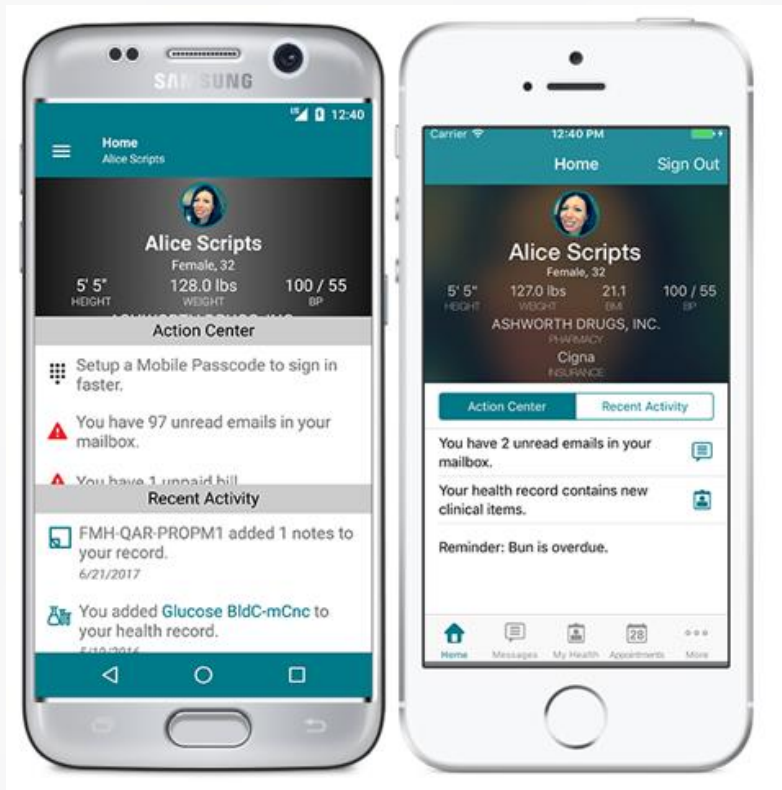


FollowMyHealth®
An Allscripts Solution

FollowMyHealth Aplicación de Teléfono

El portal móvil se verá ligeramente diferente en un teléfono Android a un iPhone. Pero, ambos tienen exactamente las mismas funciones.

Tenga en cuenta que las siguientes capturas de pantalla serán vistas desde un teléfono Android.

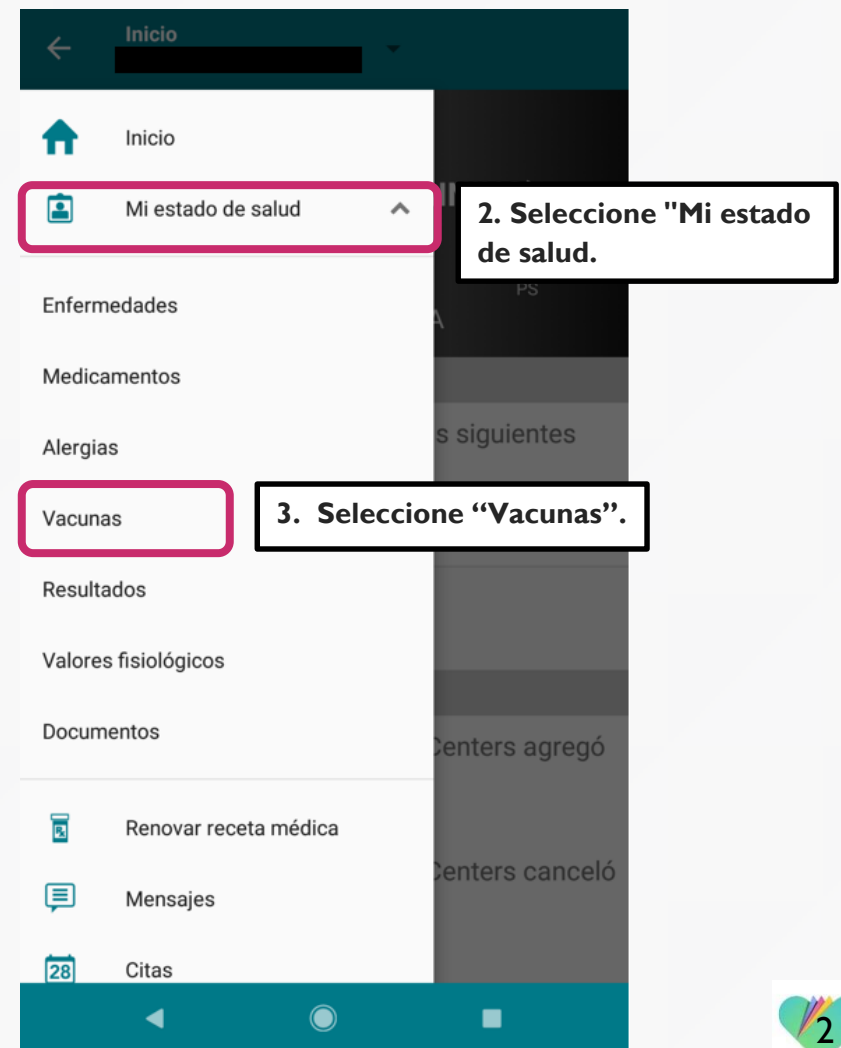
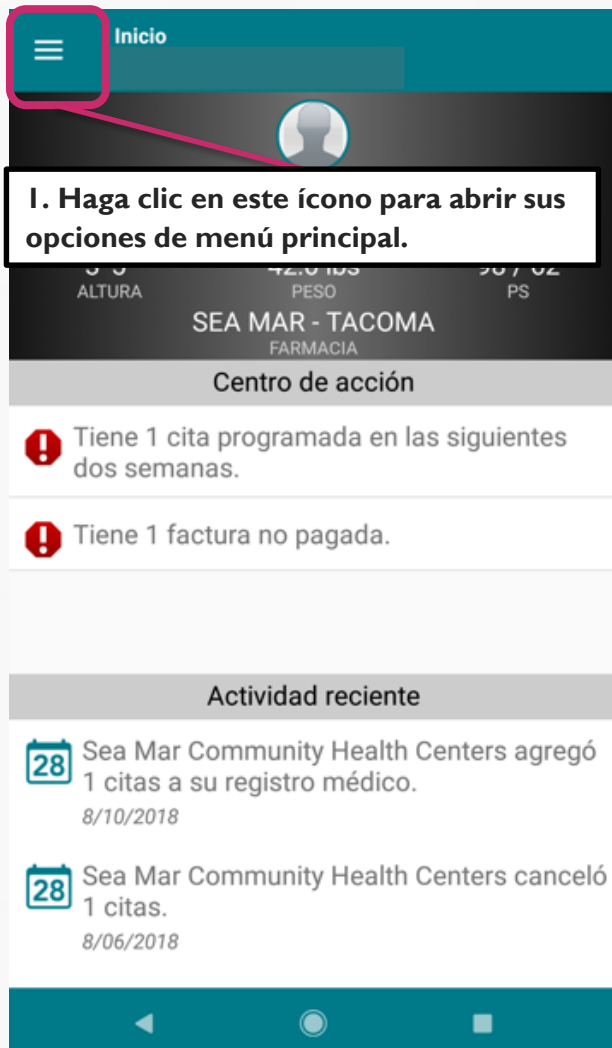


Android

iPhone



Viendo Sus Vacunas vía FollowMyHealth Aplicación de Teléfono



Viendo Sus Vacunas vía FollowMyHealth Aplicación de Teléfono

5. Haga clic en la flecha hacia abajo para ver los detalles de la vacuna.

4. Todas sus vacunas se muestran aquí en la pestaña "Vacunas".

6. Aquí están los detalles de las vacunas.

MI ESTADO DE SALUD

HISTORIAL ALERGIAS VACUNAS RESULTADOS VALORACIONES

~ Influenza (3 years and up)

~ Influenza, inj, quadri, preservative free, ped

~ Influenza, injectable, quadrivalent

~ Tdap (7 years and up)

^ Influenza (3 years and up)

Influenza (3 years and up)
Sea Mar Community Health Centers 09/15/2016
Recibido

Influenza (3 years and up)
Sea Mar Community Health Centers 02/15/2016
Recibido

^ Influenza, inj, quadri, preservative free, ped

Influenza, inj, quadri, preservative free, ped
Sea Mar Community Health Centers 10/01/2016
Recibido

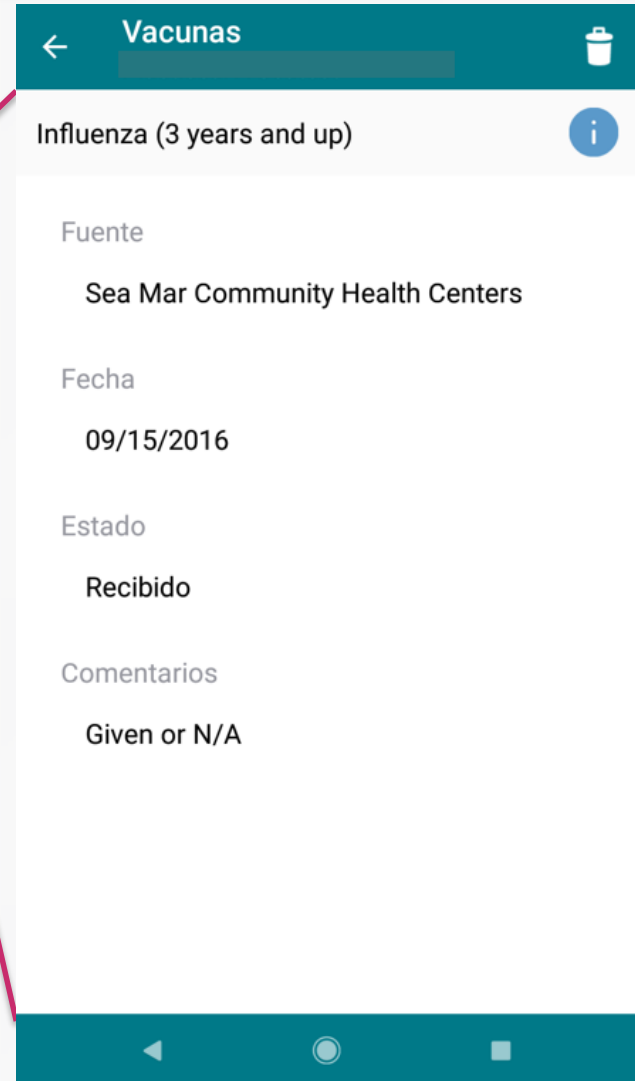
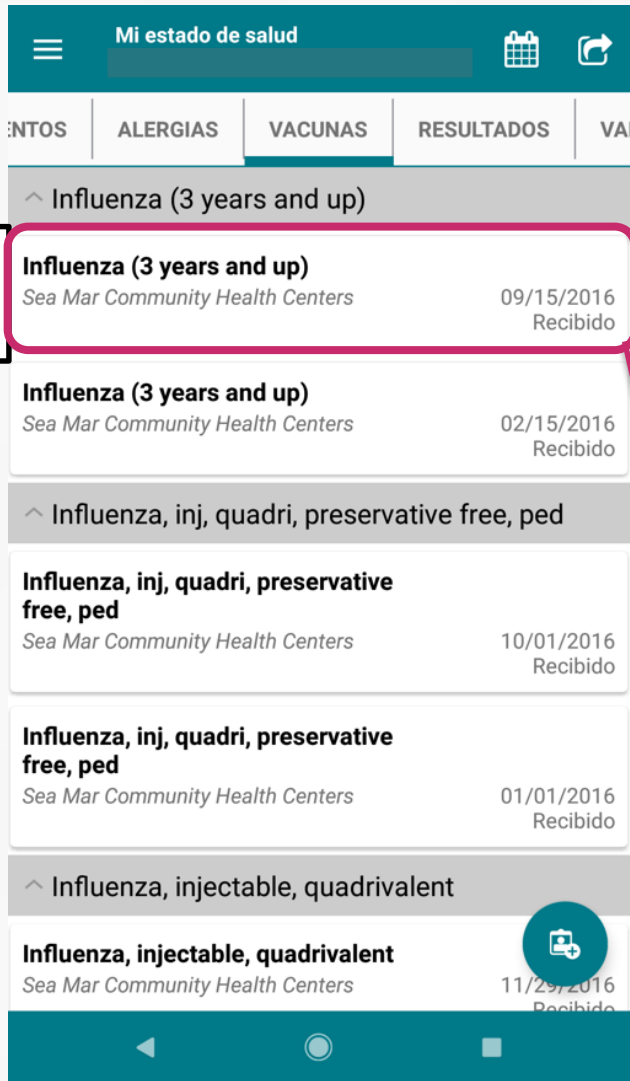
Influenza, inj, quadri, preservative free, ped
Sea Mar Community Health Centers 01/01/2016
Recibido

^ Influenza, injectable, quadrivalent



Influenza, injectable, quadrivalent
Sea Mar Community Health Centers 11/29/2016
Recibido

Viendo Sus Vacunas vía FollowMyHealth Aplicación de Teléfono


6. Haga clic en la vacuna para ver más detalles.



Viendo Sus Vacunas vía FollowMyHealth Aplicación de Teléfono

 **Vacunas** 

Influenza (3 years and up)





Fuente
Sea Mar Community Health Centers

Fecha
09/15/2016

Estado
Recibido

Comentarios
Given or N/A

Nota: Este botón de información muestra educación sobre la inmunización.

 **Immunizations** 

Información sobre la vacuna - Influenza (3 years and up)

Influenza, Seasonal, Injectable
(Flu)
También denominado - Afluria; Flulaval; Fluvirin; Fluzone




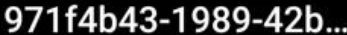

Hoja(s) de información sobre la vacuna

1. [Influenza Vaccine - Inactivated VIS](#)

Nota: Haga clic en este enlace para abrir un documento con información sobre la vacuna.

Viendo Sus Vacunas vía FollowMyHealth Aplicación de Teléfono

Aquí está el documento con información sobre la vacuna.



VACCINE INFORMATION STATEMENT

Influenza (Flu) Vaccine
(Inactivated or Recombinant):
What you need to know

Many Vaccine Information Statements are available in Spanish and other languages. See www.hhs.gov/cdc/via.

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.hhs.gov/cdc/via.

1 Why get vaccinated?

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May.

Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact.

Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include:

- fever/chills
- sore throat
- muscle aches
- fatigue
- cough
- headache
- runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year **thousands of people in the United States die from flu**, and many more are hospitalized.

Flu vaccine can:

- keep you from getting flu,
- make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

2 Inactivated and recombinant flu vaccines

A dose of flu vaccine is recommended every flu season. Children 6 months through 8 years of age may need two doses during the same flu season. Everyone else needs only one dose each flu season.

Some inactivated flu vaccines contain a very small amount of a mercury-based preservative called thimerosal. Studies have not shown thimerosal in vaccines to be harmful, but flu vaccines that do not contain thimerosal are available.

There is no live flu virus in flu shots. **They cannot cause the flu.**

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. But even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Flu vaccine cannot prevent:


- flu that is caused by a virus not covered by the vaccine, or
- illnesses that look like flu but are not.

It takes about 2 weeks for protection to develop after vaccination, and protection lasts through the flu season.

3 Some people should not get this vaccine

Tell the person who is giving you the vaccine:

- **If you have any severe, life-threatening allergies.**
If you ever had a life-threatening allergic reaction after a dose of flu vaccine, or have a severe allergy to any part of this vaccine, you may be advised not to get vaccinated. Most, but not all, types of flu vaccine contain a small amount of egg protein.
- **If you ever had Guillain-Barré Syndrome (also called GBS).**
Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.
- **If you are not feeling well.**
It is usually okay to get flu vaccine when you have a mild illness, but you might be asked to come back when you feel better.

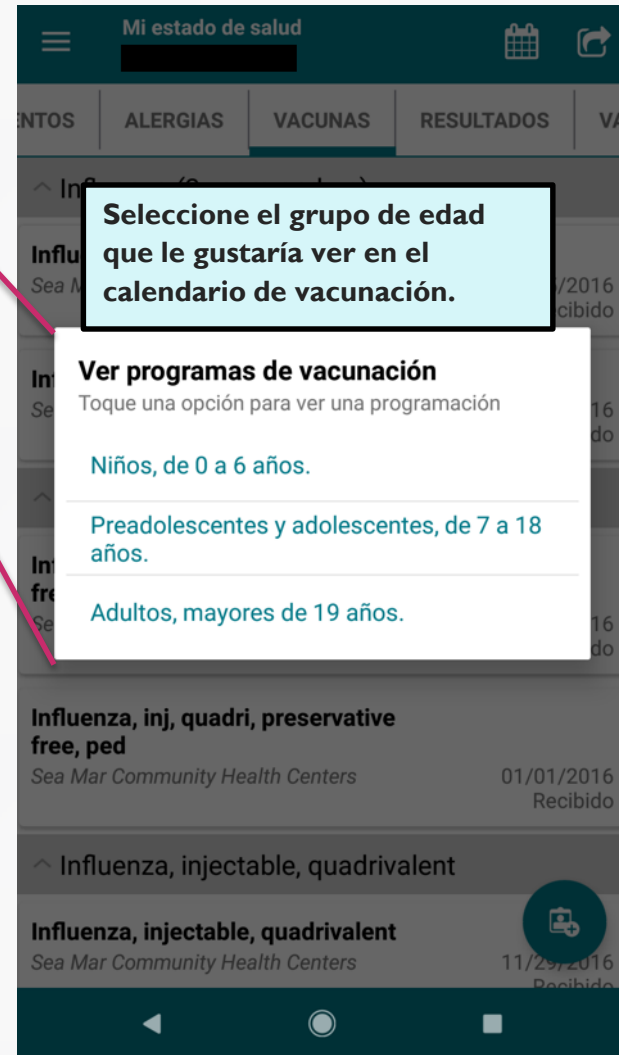
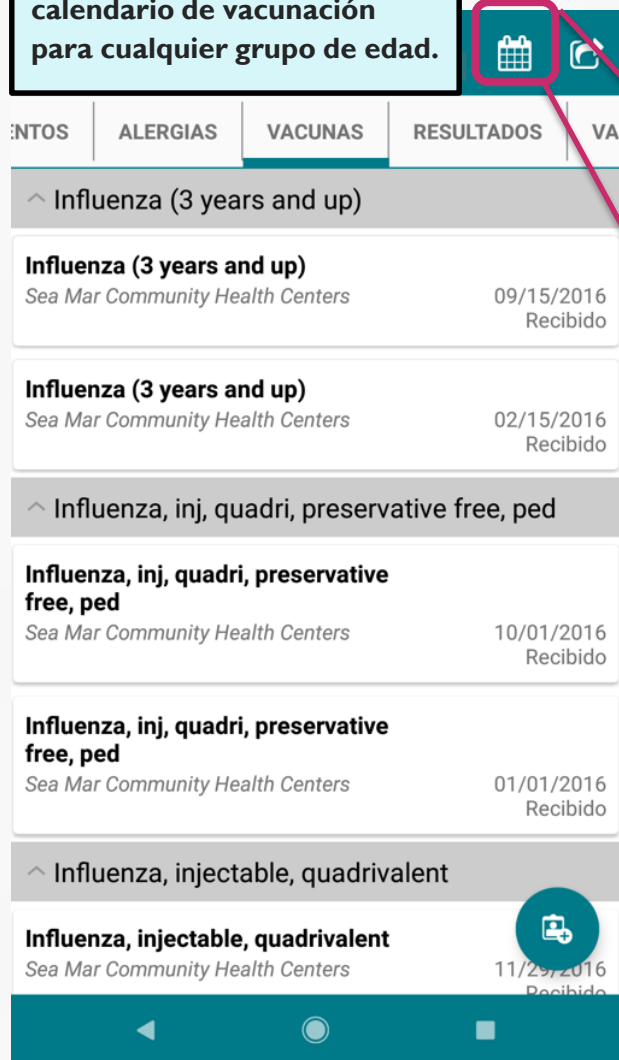


U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

6

Viendo Sus Vacunas vía FollowMyHealth Aplicación de Teléfono

Nota: Haga clic para ver el calendario de vacunación para cualquier grupo de edad.



Seleccione el grupo de edad que le gustaría ver en el calendario de vacunación.

Ver programas de vacunación

Toque una opción para ver una programación

Niños, de 0 a 6 años.

Preadolescentes y adolescentes, de 7 a 18 años.

Adultos, mayores de 19 años.

Esta ventana se abrirá donde se muestra el calendario de vacunación por el grupo de edad que seleccionó.

<https://www.cdc.gov/vaccines/sched> 2

Recommended Immunizations for Adults by Age in Easy-to-read Format United States, 2018

Immunization Schedule

- Compliant version of the schedule

Color (12 pages)

Black & white (12 pages)

En español: [Adult Schedule by Age in Easy-to-read Format](#)

Haga clic aquí para ver
de vacunas en español

	Flu Influenza	Td or Tdap Tetanus Diphtheria, pertussis	Shingles Zoster	Pneumococcal	Hepatitis A	Hepatitis B	HPV Human papillomavirus	MMR Measles, mumps, rubella	MMRV Measles, mumps, rubella, varicella	Polio Poliovirus	Hib Haemophilus influenzae type b
19-21 years											
22-26 years											
27-49 years											
50-64 years											
65+ years											
More Information	You should get flu vaccine every year.	You should get 1 dose of Tdap if you did not get it as a child or adult. You should also get a Td booster every 10 years. Women should get 1 dose of Tdap during every pregnancy.	There are 2 types of zoster vaccines. You should get 2 doses of ZVZ at age 50 years or older (preferred) or 1 dose of ZVL at age 60 years or older, even if you had shingles before.	There are 2 types of pneumococcal vaccines. You should get 1 dose of PCV13 and at least 1 dose of PPV23 depending on your age and health condition.	There are 2 types of meningococcal vaccines. You may need one or both types depending on your health condition.	You should get this vaccine if you did not get it when you were a child.					
							You should get HPV vaccine if you are a woman through age 26 years or a man through age 21 years and did not already complete the series.				

If you are traveling outside the United States, you may need additional vaccines.

Ask your health care professional about which vaccines you may need at least 6 weeks before you travel.

The recommendations in this schedule were approved by the Centers for Disease Control and Prevention's (CDC) Advisory Committee on Immunization Practices (ACIP), the American Academy of Family Physicians (AAFP), the American College of Physicians (ACP), the American College of Obstetricians and Gynecologists (ACOG), and the American College of Nurse-Midwives (ACNM).

— U.S. Department of Health and Human Services

Page last reviewed: February 6, 2018

Page last updated: February 6, 2018



Content source: [National Center for Immunization and Respiratory Diseases](#)

Provided by: [Centers for Disease Control and Prevention \(CDC\)](#)

Viendo Sus Vacunas vía FollowMyHealth Aplicación de Teléfono

Esta ventana se abrirá donde el cronograma de vacunación se muestra en español por el grupo de edad que seleccionó en su portal.

Horario de inmunización

- [Versión del calendario de vacunación que cumple con las normas de la Sección 508 de la Ley de Rehabilitación](#)
- [Color](#)  [2 páginas]
- [Blanco y negro](#)  [2 páginas]
- En inglés: [2018: Vacunas recomendadas para adultos según la edad](#)

Si su edad es, ↓	hable con su profesional de salud acerca de estas vacunas ➡				
	Vacuna contra la influenza (gripe)	Vacuna Tdap o Td (tétanos, difteria, tosferina)	Vacuna contra la culebrilla (herpes zóster)		a
			RZV	ZVL	
19-21 años					
22-26 años					
27-49 años					
50-64 años					

FollowMyHealth

Información de Soporte

Si necesita ayuda o apoyo para su cuenta
FollowMyHealth, comuníquese a:

Línea Directa de Soporte: 1-888-670-9775

Correo Electronico: support@followmyhealth.com



FollowMyHealth®