The 15th Annual Latino Health Forum
Presented by Sea Mar Community Health Centers

The Power of One Becomes the Voice of Many
Reimagining and Transforming Latino Health

Day 1: October 23, 2020

Day 2: October 29, 2020
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The 15th Annual Latino Health Forum is presented by:

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For the past 15 years, the annual Latino Health Forum has convened practitioners, researchers, educators, community activists, and others serving Latinos in the Pacific Northwest to address pressing Latino health issues and share innovative best practices in the areas of health care delivery, outreach, workforce development and community mobilization for policy change. Regional and national experts have been invited to speak to the latest trends and initiatives during this major event.

The goals of the Latino Health Forum are to broaden the discussion about Latino health to include a social justice perspective, while strengthening partnerships and developing strategies to advance policy priorities that improve the health status of Latinos. We strive to create a space for forum participants to network and build partnerships to continue to move toward greater health equity for Latinos and to improve clinical and social health outcomes for this population. We trust that our conversations together will strengthen our ability to help shape health policy and build on existing structures and strategies to improve Latino health. Finally, we come together to celebrate the progress and successes we have achieved thus far in closing this gap.

**Connect**

Share what you’re learning here at the Latino Health Forum by carrying the discussion to your social media circle. Use the hashtags #seamarchc and #LatinoHealthForum so everyone can easily collect and share your posts.

Stay up-to-date with news, events, helpful information, fun updates, and more!
AGENDA: DAY 1

October 23, 2020

9:00 a.m. Welcome & Opening Remarks

Jerry Garcia, PhD, Vice President, Sea Mar Community Health Centers

Emcee, Teya Cruz-Uribe, Health Center Administrator and Museum Director, Sea Mar Community Health Centers

Recognition of Carolina Lucero
Antoinette Angulo, MPH, Latino Center for Health, University of Washington
Angelica Barajas, MBA, Quality Management Director, Sea Mar Community Health Centers

Navigating WHOVA
Robin Vovolka, Executive Assistant, Sea Mar Community Health Centers

9:40 a.m. Keynote Address

Health Justice: Latinidad, Racism, and Uprising
Edwin Lindo, JD, Faculty Lecturer, Department of Family Medicine, University of Washington School of Medicine and School of Law

11:10 a.m. Poster Sessions

Thirsty for a Smile
Joana Cunha-Cruz, University of Washington School of Dentistry

Compre Saludable/ Shop Healthy King County
Omar Lopez-Corona, Stefani Flores-Acevedo, Gabriela Davidson, Victoria Breckwich Vázquez, Mariel Torres Mahdipour, Giselle Zapata-Garcia, Barbara Baquero, University of Washington- Bothell

Mental Health Services for Latinx Survivors of Intimate Partner Violence In Kent, WA
Sarah Case, University of Washington School of Medicine

12:10 p.m. Plenary Session

Latino Physician Workforce in Washington State
David Mendoza, Policy Consultant
Verónica Nelly Vélez, PhD, Latinx Educational Pipeline
Leo Morales, MD, PhD, MPH, UW Principal Investigator
Rep. Javier Valdez, Legislator
Moderator: Laura Flores-Cantrell, Andy Hill Cancer Research Endowment & MALDEF
AGENDA: DAY 2

October 29, 2020

9:00 a.m. Welcome & Opening Remarks

Jerry Garcia, PhD, Vice President, Sea Mar Community Health Centers
Emcee, Teya Cruz-Urube, Health Center Administrator and Museum Director, Sea Mar Community Health Centers

9:40 a.m. Session I

Salud y Vida Campesina Durante la Pandemia
(Health and Rural Life During the Pandemic)
Marcela Suarez Diaz, Sandy John, Ana Gaona Ortega, Promotores de Salud
Manuela Garcia, Farmworker
Jose Alfredo Jimenez, Farmworker
Nora Alicia Castañeda & Jose Luis Peña, Spanish-to-English Interpreters

11:00 a.m. Poster Sessions

Medical Dental Integration in a Rural Community Health Center: A Qualitative Program Evaluation
Catherine Pawloski, University of Washington School of Dentistry

COVID-19 Adaptations to Patient Navigation Services for Follow-Up Colonoscopy After an Abnormal Fecal Test Result in a Community Health Center Setting
Jamie Thompson, Jennifer Rivelli, Cindy Pulido, Hanna Dinh, Gloria Coronado, Kaiser Permanente Center for Health

Cultural Adaptation of a Behavioral Intervention for Latino Family
Maggie Ramirez, PhD, MS, MS, Department of Health Services, University of Washington School of Public Health

12:00 p.m. Session II

Immigrants, COVID-19, and Health
Monserrat Padilla, Western WA Network Coordinator, WA Immigrant Solidarity Network
Brenda Rodriguez, Eastern WA Network Coordinator, WA Immigrant Solidarity Network

Trauma Response During a Pandemic
Rosie Martinez, MA, LMHC, Behavioral Health Program Manager, Sea Mar
Jennifer Leonard, LMHC, Behavioral Health North Regional Director, Sea Mar

1:15 p.m. Call To Action

Lillian Ortiz Self, Washington State Representative
Bill Ramos, Washington State Representative
Alex Ybarra, Washington State Representative
Rebecca Saldaña, Washington State Senator
Dulce Gutierrez, Washington State Labor Council
Speaker & Presenter Biographies

Teya Cruz-Uribe
Health Center Administrator and Museum Director, Sea Mar Community Health Centers
Seattle, WA

Teyoﬁla “Teyo” Cruz-Uribe is the Director of the Sea Mar Museum of Chicanx/a/Latino/a Culture and the Health Center Administrator of the Sea Mar Adolescent Medical Clinic. Teya has a B.A. in Science, Technology & Society from the University of Puget Sound, an M.A. in Museum Science and Administration from the University of Washington’s (UW) Museology Program, and an M.A.I.S. in Russian, Eastern European & Central Asian Studies from the Jackson School of International Studies at UW. Teya is a member of Sea Mar’s Diversity, Equity & Anti-Racism (D.E.A.R.) Committee. The new Sea Mar Museum of Chicanx/a/Latino/a Culture is the first museum in the Pacific Northwest dedicated to telling the stories of Washington’s Latinx/Chicanx communities. As a project of Sea Mar Community Health Centers, the Sea Mar Museum is well positioned and very excited to advance Sea Mar’s mission of serving the underserved and showcase the importance of equitable representation and access to healthcare, heritage and culture. Located in the same building as the Sea Mar Museum, the Sea Mar Adolescent Medical Clinic team works towards better physical and mental health outcomes for adolescent patients, providing equitable, conﬁdential, and interdisciplinary care for youth from diverse backgrounds. Teya’s goal is to create a safe community space that will encourage everyone to recognize the signiﬁcant role that medical/behavioral services and educational, cultural, and heritage services play in the health and well-being of individuals and communities.

Jerry Garcia, PhD
Vice President of Educational Services, Sea Mar Museum & Housing, Sea Mar Community Health Centers
Seattle, WA

Opening Remarks

Dr. Jerry Garcia was raised in Quincy, Washington to parents who worked in agriculture most of their lives and he is a proud migrant child. Dr. Garcia received his Ph.D. in history from Washington State University. Prior to joining Sea Mar Community Health Centers, Dr. Garcia held academic appointments with Iowa State University, Michigan State University, and was the Director of the Chicano Education Program at Eastern Washington University. As Vice President of Educational Services, Dr. Garcia oversees the new Sea Mar Chicano/a/Latino/a Cultural and History Museum. Dr. Garcia also oversees, as well as promotes and advocates for educational opportunities for our Chicano and Latino community, through such programs as the Latina/o Educational Achievement Project (LEAP). Dr. Garcia’s research focus is on Chicana/o History, Latin American and Mexican History, Asians in the Americas, immigration, empire, masculinity, and race in the Americas. Please visit jerrygarcialives.com for more details on Dr. Garcia’s research and interests.

Emcee

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Edwin Lindo, JD

*Faculty Lecturer, Department of Family Medicine, University of Washington School of Medicine & School of Law
Seattle, WA*

**Keynote Address:**

*Health Justice: Latinidad, Racism, and Uprising*

Dr. Edwin Lindo has embarked on the journey to ask and explore the hard questions of Race & Racism within the institutions of Medicine and Law. Dr. Lindo brings the interdisciplinary study of Critical Race Theory, Lat Crit, and others to Medicine and Law so we can better learn how racism detrimentally affects our health, our learning, our teaching, and justice. As a faculty member of the Department of Family Medicine, he works closely with the Community Urban Scholars Program to develop future physicians interested in serving urban populations; has developed curriculum and teaches Critical Race Theory and Medicine; and provides student and faculty development around the issues of race and equity in medical education and patient care. Edwin’s research and scholarship has focused on the history of racialized medicine, race & racism within medicine, social justice and social movements, and decolonized pedagogies for critical education.

David Mendoza

*Principal, Inclusive Solutions
Seattle, WA*

**Plenary Session**

*Latino Physician Workforce in Washington State*

An experienced policy analyst, legislative director, and consultant committed to equitable policy development and advocacy, David has more than 15+ years of hands-on work in government affairs, stakeholder engagement, state and local lobbying, and community outreach across the West Coast. He is the founder of Inclusive Solutions, a policy, advocacy and communications consulting firm. Over the last 10 years, David was the director of legislative and government affairs at Front and Centered, senior policy advisor for the Office of the Mayor, City of Seattle, and Policy Counsel for the Washington State House of Representatives.

Javier Valdez

*Representative - 46th Legislative District, Washington State Legislature
Olympia, WA*

**Plenary Session**

*Latino Physician Workforce in Washington State*

Javier Valdez is a member of the Washington House of Representatives, representing the 46th Legislative District. A longtime leader in Washington’s Democratic Party, Javier serves on the Washington State Democratic Party Executive Board and on the House Education, Civil Rights & Judiciary, and Transportation committees. Javier is also former chair of both the 43rd and 46th District Democratic Party organizations. A product of public education, Javier holds a bachelor’s degree in business administration from the University of Washington and a master’s degree in public administration from Baruch College, the City University of New York, as a participant in the National Urban Fellows program. Javier has worked for the City of Seattle for over 20 years, mostly at Seattle City Light where he led the utility’s women and minority business (WMBE) program, as a special assistant on WMBE programming in the Seattle Mayor’s Office, and currently as a senior WMBE advisor with the City of Seattle Finance and Administrative Services Department. A leader in the Latino community, Javier previously served as a board member for the Washington State Hispanic Chamber of Commerce and president of Hispanic Seafair.
Leo S. Morales, MD, PhD, MPH
Professor and Chief Diversity Officer, University of Washington School of Medicine
Seattle, WA

Plenary Session
Latino Physician Workforce in Washington State

Dr. Leo S. Morales is a Professor and Assistant Dean for Healthcare Equity and Quality in the School of Medicine and Co-Director of the Latino Center for Health at the University of Washington. Dr. Morales received his medical degree and Master’s degree in public health from the University of Washington, and his doctorate in policy analysis from the Rand Graduate School. He completed a residency in primary care internal medicine at the San Francisco General Hospital/UCSF. Prior to joining the University of Washington in 2014, Dr. Morales was on the faculty of the UCSF and UCLA medical schools and a physician-researcher at the Group Health Research Institute (now Kaiser Washington Research Institute). His research focuses on racial/ethnic and socioeconomic disparities in health and the measurement of patient resorted outcomes in diverse population settings. Dr. Morales is the Principal Investigator of the Latino Physician Workforce study and lead author of the report, Today’s Changes For Serving Tomorrow’s Diverse Communities: Increasing the Latino Physician Workforce NOW, that is the basis for our symposium.

Verónica Nelly Vélez, PhD
Associate Professor, Secondary Education, Director Education and Social Justice Minor & Program, Woodring College of Education, Western Washington University
Bellingham, WA

Plenary Session
Latino Physician Workforce in Washington State

Dr. Verónica Vélez is an Associate Professor and the Founding Director of Western Washington University’s (WWU) Education and Social Justice Program. Her work broadly analyzes racial inequities in education, the causes of those inequities, and how they impact the educational trajectories of Students of Color, particularly for Latinxs. In addition to her scholarly work, Dr. Vélez spent 15 years organizing with Latinx im/migrant families on school reform efforts and adult literacy campaigns. She is currently collaborating with teachers, administrators, and community members to develop Ethnic Studies in Bellingham Public Schools. In 2017, she was one of six faculty across Washington State awarded The Ormsby Award for Faculty Citizenship to recognize exemplary service in the public interest for her efforts to create systems through which institutionally underrepresented students can access higher education. Dr. Vélez is the proud daughter of Latinx im/migrant parents, whose journey to provide her with a quality education fundamentally inspires her work for social justice.

Laura Flores-Cantrell, JD
Executive Director, Andy Hill Cancer Research Endowment & Board of Directors Member, Mexican American Legal Defense & Educational Fund
Seattle, WA

Plenary Session
Latino Physician Workforce in Washington State (Moderator)

Laura Flores-Cantrell is the executive director at the Andy Hill Cancer Research Endowment with the Empire Health Foundation. Laura previously served as Health Equity Lead Strategist for the Arcora Foundation (the Foundation of Delta Dental of Washington), which she joined in 2014. Prior to that position, she served as Director of Policy with the Latino Center for Health Research, Policy, and Practice at the University of Washington. Laura served as Executive Director of Latino Community Fund of Washington, a statewide philanthropic organization, supporting Latino-serving nonprofit agencies through policy analysis, training, and grantmaking. Over the last 20 years, her professional experience has focused on strategies to reduce health disparities and improve access to care for communities of color, youth in foster care, homeless, and other underserved populations. As Deputy Director at the Northwest Regional Primary Care Association, a regional association of safety net clinics, she worked with migrant and community health centers in Washington, Idaho, Oregon, and Alaska. An attorney by training, she was in-house Assistant General Counsel for a privately held company prior to entering the nonprofit sector. She currently serves on the national board of directors for the Mexican American Legal Defense and Educational Fund (MALDEF), a legal civil rights organization that ensures equitable access to education, employment, and voting. Laura holds a Bachelor of Arts degree in Political Science and a Juris Doctorate degree.
Marcela L. Suarez Diaz
Migrant and Seasonal Agricultural Farmworker Promotores Program Manager, Sea Mar Community Health Centers
Mt. Vernon, WA

Session I
Salud y Vida Campesina Durante la Pandemia (Health and Rural Life During the Pandemic)

Marcela L. Suárez Díaz, originally from Colombia, specializes in developing social impact programs aimed to mitigate cultural barriers and disparities in the access to healthcare for farmworker and Latino communities. She has achieved this through the design and implementation of a robust Community Health Worker model over the past 8 years, primarily serving the northern region of Washington State. Marcela is passionate about serving the farmworker community, especially those from native communities in Central América. From her start in Bogotá, Colombia as Regional Business Developer of multinational companies within the consumer goods and pharmaceutical industries, Marcela has managed regional salesforce, design and implementation of marketing strategies, sales generation, and market growth. Her experience of 17 years mainly focused on business management, marketing, and sales force coaching.

Sandy John
Migrant and Seasonal Agricultural Farmworker Promotora de Salud, Sea Mar Community Health Centers
Bellingham, WA

Session I
Salud y Vida Campesina Durante la Pandemia (Health and Rural Life During the Pandemic)

Achamma (Sandy) John was born and raised in Kerala, India and migrated to Bolivia in her teenage years. She is married to Luis Camacho and they have 3 beautiful kids Betsy, Luis Marcos, and Priya. The couple and their firstborn migrated to the US 18 years ago and since then have served their community as pastors of Centro Adoración Vida. They saw the community’s needs and got involved in serving as volunteers in the community in different areas. Sandy has helped in different school districts as a volunteer all these years, serves as a board member at the Opportunity Council, started with getting involved in the ELAFS program, longtime volunteer at the Bellingham Foodbank, a volunteer promotora from the Programa de Promotores de Salud de la Clinica Sea Mar helping community members find resources and navigate the health system in the clinic and the community through outreach and popular health education. Her passion to serve the Lord, her family, and the people around her is what drives her to be an active volunteer in the community.

Ana Gaona Ortega
Migrant and Seasonal Agricultural Farmworker Promotora de Salud, Sea Mar Community Health Centers
Bellingham, WA

Session I
Salud y Vida Campesina Durante la Pandemia (Health and Rural Life During the Pandemic)

Ana Ortega Gaona moved to Bellingham, WA in 2005, where she has lived for 15 years. She has worked in Quality Control with several fruit companies since 2010. As an agricultural worker herself, Ana has gotten to know the U.S. agricultural industry very well in the last 10 years. In addition to her work in Quality Control, Ana has been part of the MSAW Promotores Program of Sea Mar Clinic since 2015. She enjoys being part of this beautiful program and the meaning that this work entails. When Ana is not working or volunteering her time, she is raising her two beautiful children, a 7-year-old boy and a 3-year-old girl.
Manuela García Santos  
**Farmworker**  
Skagit County, WA  
**Session I**  
**Salud y Vida Campesina Durante la Pandemia** (Health and Rural Life During the Pandemic)  

Manuela García Santos, was born in Oaxaca, Putla de Guerrero, México. Manuela belongs to the Mixteco Community. She arrived to the United States 10 years ago and since then has worked for a local farm in Skagit County. She is the mother of 6 kids, 3 of them were born in USA. She is head of the family and faced great difficulties raising her kids alone. Two years ago, she began looking for additional ways to support her family which resulted in working as a vendor of products through catalogs. This business has opened opportunities through trainings that have helped Manuela learn new things. She has found great satisfaction in this work as well as being able to financially support her family. Manuela lives in farmworker housing, and she is a woman of faith.

José Alfredo Jiménez  
**Farmworker**  
Skagit County, WA  
**Session I**  
**Salud y Vida Campesina Durante la Pandemia** (Health and Rural Life During the Pandemic)  

José Alfredo Jiménez was born in Mexico City, Mexico in October 1981. He grew up in a large family of twelve which created a life with some complications and limitations. At the age of 15, Jose Alfredo migrated to the United States, where he worked seasonally in the fields to help support his family financially. Finally, after four years, he settled in Washington, where he has been a farmworker for different companies, mainly working in the blueberry, raspberry, and blackberry crops. Starting in 2001, he began working at Samson farms where he started from the bottom and over the years and thanks to his dedication, José became a farm manager. Currently, he is still a manager at Samson Farms, and works directly in the fields. José is the father of two children, age 19 and 9. When he is not working, he enjoys dancing and loves all kinds of music.

Nora Alicia Castañeda  
**Program Manager, Microsoft Learn Student Ambassadors CEE & Educational Consultant; Visions Global Empowerment**  
Seattle, WA  
**Session I**  
**Salud y Vida Campesina Durante la Pandemia** (Health and Rural Life During the Pandemic)  
**Spanish-to-English Interpreter**  

Nora Alicia Castaña is currently a Program Manager for Microsoft Learn Student Ambassadors CEE and an Educational Consultant for Visions Global Empowerment. Prior to these roles she was a Latino/a Education Achievement Project (LEAP) Coordinator with Sea Mar. Nora graduated in May 2018 from the University of San Francisco where she finished her Master’s in Migration Studies. Before that, she finished her undergrad at Western Washington University. Nora was born in Nayarit, Mexico but grew up in the Yakima Valley. Traveling is one of her hobbies, but also enjoys hiking, running, and going to breweries and wineries in WA.

Jose Luis Peña  
**LEAP Coordinator, Sea Mar Community Health Centers**  
Skagit County, WA  
**Session I**  
**Salud y Vida Campesina Durante la Pandemia** (Health and Rural Life During the Pandemic)  
**Spanish-to-English Interpreter**  

Jose Luis is currently the Latino/a Education Achievement Project (LEAP) Coordinator with Sea Mar. He was born in Aguascalientes, Mexico before moving to Burien, WA where he attended Highline High School. As a DACA recipient before HB-1079 had passed, resources were limited to attend any university. Nonetheless, Jose Luis went to Western Washington University where he received his Bachelors with concentrations on Communications and Latin American History. He now wants to work with students who may not believe it is possible for them to attend a university either because of their legal or economic status and show them that is possible to not only attend a university but to also graduate debt free.
Monserrat Padilla

**Western WA Network Coordinator, WA Immigrant Solidarity Network**
Seattle, WA

**Session II**

**Immigrants, COVID-19, and Health**

Monserrat Padilla has been organizing LGBTQ, immigrant and communities of color on the ground for over 10 years to build collective movement power. She was a co-founder of the Washington Dream Coalition and has led national & statewide campaigns, including the victory on the Washington State Dream Act to expand eligibility for state aid in higher education. Monserrat worked as a National Program Coordinator for the Queer Undocumented Immigrant Project, a program of United We Dream, where she worked across the country building a national network of LGBTQ immigrant community leaders, advocates and organizers to develop policies and advocate addressing the needs of LGBTQ immigrant communities. Monserrat was born in Tonalá, Jalisco, Mexico. At the age of 2 she migrated to the U.S. with her mother and two older siblings. She grew up in East Los Angeles, CA where she became part of the 11 million undocumented families living in the U.S. At the age of 15 she moved to Seattle, Washington, graduating from Chief Sealth International High School in 2010 and attending the University of Washington in Seattle.

Brenda Rodríguez

**Eastern WA Network Coordinator, WA Immigrant Solidarity Network**
Wenatchee, WA

**Session II**

**Immigrants, COVID-19, and Health**

Brenda Rodríguez’s role in WAISN is to build and support communities fighting to defend immigrant rights in Central and Eastern WA. She is based in Wenatchee. Brenda earned a Bachelor’s Degree at Washington State University, double majored in Spanish and Women’s Studies with a minor in Comparative Ethnic Studies. She was born in Mexico City and arrived in the United States at the age of nine. Reuniting with her migrant working family here, she grew up in Basin City, Washington. During her first semester at WSU in 2016, the Republican club in her campus put up a wall in support of Trump’s campaign. She vividly remembers feeling “infuriated and disappointed by the institution for allowing such an offensive demonstration to be displayed”. At that moment she decided to take action and joined Crimson Group the following semester. Since then, she has been fiercely fighting for a Clean DREAM Act and for resources for undocumented students on her campus. Brenda has been organizing immigrant youth in her campus, and region for years. She has been to Washington, DC, twice to advocate in person for the Dream Act, and has put her body on the line to pressure Congress to take action.

Rosie Martinez, MA, LMHC

**Behavioral Health Program Manager, Sea Mar Community Health Centers**
Federal Way, WA

**Session II**

**Trauma Response During a Pandemic**

Rosie Martinez has been working in behavioral health for 20 years, in Pierce and King Counties. She has worked at Sea Mar’s behavioral health department for 14 years from entry level positions to mental health therapist, clinical supervisor and currently as the program manager of Sea Mar Federal Way Behavioral Health Clinic. In 2010 Rosie graduated from UW in Tacoma, WA with a bachelor’s of arts degree in psychology, education, and Latin American studies. During her time in undergraduate school she worked with maternity support services teams to provide education and resources to Latina mothers and their children. In 2012 Rosie graduated from Northwest University in Kirkland, WA with a master’s of arts degree in counseling psychology. During her time in graduate school she was a mental health therapist intern at YouthCare’s CASA program providing mental counseling for undocumented youth ages 12-17. Rosie provides an eclectic, person centered, and realistic approach to counseling. Rosie believes that apart from solid therapeutic approaches it is the trusting relationship between the mental health therapist and the client that can bring healing and change to the client’s life. Investing in counseling can be one of the most loving things one can do for themselves.

Jennifer Leonard, LMHC

**Behavioral Health North Regional Director, Sea Mar Community Health Centers**
Lynnwood, WA

**Session II**

**Trauma Response During a Pandemic**

Experienced Director Of Behavioral Health with a demonstrated history of working in behavioral health & integrated health care settings. Skilled in Mental Health Counseling, Trauma Informed Care, Clinical Supervision, U.S. Health Insurance Portability and Accountability Act (HIPAA), Program Development, Healthcare, and Leadership. Strong whole-health integrated mental health professional with a Master’s of Science focused in Mental Health Counseling from Western Washington University.
Alex Ybarra

**Representative - 13th Legislative District, Washington State Legislature**

**Olympia, WA**

**Call to Action**

Initially appointed, Alex Ybarra was later elected in 2019 as the state representative for the 13th District, which includes Lincoln and Kittitas counties and parts of Grant and Yakima counties. Alex's legislative priorities include protecting taxpayers, amply funding schools, creating more family-wage jobs, finding solutions to water issues, and supporting agriculture. He is a strong advocate for economic growth and wants to see more doors of opportunity opened to the residents of the communities he serves. Alex sits on the House Human Services & Early Learning Committee, as well as on the Education; Transportation; and Rules Committees. He is the co-chair of the state’s Educational Opportunity Gap Oversight and Accountability Committee and was recently appointed to the Joint Task Force on Community and Technical College Counselors. Nationally, Alex serves on the National Council of State Legislators’ Education Committee, as well as the Opportunity Gap Committee. Alex graduated from Central Washington University with a Bachelor of Science in Mathematics and also holds a Master’s in Business Administration from the University of Phoenix. He spent 14 years working for the Rocket Research Company as an engineer for military and aerospace products and is currently employed by the Grant County Public Utility District as their reliability and compliance auditor. Alex has worked on several legislative task forces and state commissions, including his 2016 appointment by the governor to the state Commission on Hispanic Affairs. Active in his community, Alex is the former director for the Quincy School Board and also served as the vice president for the Washington State School Directors Association. Alex is a life-long resident of Quincy. His daughter, Micaela, is a full-time university student in Utah.
Rebecca Saldaña

**Senator - 37th Legislative District, Washington State Legislature**
Olympia, WA

**Call to Action**

Senator Rebecca Saldaña is Deputy Majority Leader. She grew up in the Delridge neighborhood of Seattle and has lived and worked primarily in Seattle and Oregon. She has expertise in a variety of areas including worker and immigrant advocacy, transit equity, women’s rights, social and racial justice, civic engagement, affordable housing and sustainable community development. Known as a problem solver and tireless advocate, Rebecca most recently served as the Executive Director for Puget Sound Sage – a nonprofit that promotes affordable and equitable housing and transportation policies, environmental justice and workers’ rights. In that role, she helped secure $16 million in city funding for Equitable Development Initiatives in the 37th Legislative District, a future Graham Street Light Rail Station to better serve our district residents and transportation equity wins, including a low-income transit fare program. She is vice chair of the Senate Transportation Committee and also sits on the Labor & Commerce Committee and the State Government, Tribal Relations & Elections Committee. She holds a Bachelor of Arts in Theology and Humanities from Seattle University, and lives in Rainier Beach/Skyway with her husband and two youngest children.

Dulce Gutierrez

**Union, Community & Naturalization Organizer, Washington State Labor Council**
Yakima, WA

**Call to Action**

Dulce Gutiérrez was born and raised in Yakima, Washington in a low-income neighborhood on the east side of town. She grew up in an immigrant household with her single mother and two siblings. In high school, she was awarded the Achievers Scholarship, which gave her the opportunity to attend the university of her choosing with financial support. Dulce earned a Bachelor of Arts at the University of Washington, and then returned to her hometown and became active in community service and local politics. In November 2015, Dulce was elected to serve on the Yakima City Council. She was the first Latina ever elected to represent District 1 and was part of a historical election in the City of Yakima. During her 4-year term, Dulce pushed for policies that supported responsible management of tax dollars, equitable allocation of city resources, community safety, protection for immigrants, and improved access to local government. In 2018, Dulce was elected unanimously by council member colleagues to serve a 2-year term as Assistant Mayor for the City of Yakima. After finishing her term, Dulce has continued her dedication to advocacy and public service through her work at the Washington State Labor Council, and in her free time. She supports workers facing challenges with employers, and she provides legal aid services to immigrant residents seeking to become naturalized United States citizens. Dulce also currently serves as a member of executive boards for OIC of Washington, YWCA of Yakima, Planned Parenthood of Greater Washington and North Idaho, and the Washington State Partnership Council on Juvenile Justice.
1. Thirsty for a Smile
Joana Cunha-Cruz – University of Washington School of Dentistry
In this pilot study, families of children who underwent dental surgery due to caries received for two months fluoridated-water bottles and behavioral counseling provided by dietitians in Spanish or English. This poster pilot tests a behavioral and environmental nutritional intervention to decrease dental caries, weight gain and sugar sweetened beverage.

2. Compre Saludable/ Shop Healthy King County
Omar Lopez-Corona, Stefani Florez-Acevedo, Gabriela Davidson, Victoria Breckwich Vázquez, Mariel Torres Mahdipour, Giselle Zapata-García, Barbara Baquero - University of Washington- Bothell
This poster highlights the importance of tiendas (markets) in the Latino community and describes challenges tiendas use to continue to operate during the pandemic. Through evaluation of tiendas and interviews with shop owners, the researchers developed a toolkit with evidence-based materials and information to support safe operations.

3. Mental Health Services for Latinx Survivors of Intimate Partner Violence In Kent, WA
Sarah Case – University of Washington School of Medicine
This project includes an exploration of the effects of Intimate Partner Violence (IPV) on mental health in Latinx women, a literature review of interventions aimed this issue and identification of existing community organizations working in Kent, WA. Sea Mar is one of many community assets, is a trusted leader within the Latinx community, and offers holistic support for survivors of IPV.

Day 2

1. Medical Dental Integration in a Rural Community Health Center: A Qualitative Program Evaluation
Catherine Pawloski – University of Washington School of Dentistry
The goal of this research is to elicit the perspectives of staff involved in MDI Program to assess the acceptability, feasibility and success of a CHC integration strategy. This is a qualitative study conducted interviews with 12 medical and dental providers and clinical administrators involved in the program. The study addresses the issues of access to dental care for pediatric patients in WA and fragmented health care system in the US.

2. COVID-19 Adaptations to Patient Navigation Services for Follow-Up Colonoscopy After an Abnormal Fecal Test Result in a Community Health Center Setting
Jamie Thompson, Jennifer Rivelli, Cindy Pulido, Hanna Dinh, Gloria Coronado – Kaiser Permanente Center for Health
The PRECISE study tests the effectiveness of a targeted patient navigation program Follow-up colonoscopy after an abnormal fecal test result in a community health center setting. We present adaptations and mid-study learnings related to the COVID-19 pandemic.

3. Cultural Adaptation of a Behavioral Intervention for Latino Family
Maggie Ramirez, PhD, MS, MS- Department of Health Services, University of Washington School of Public Health
Latinos are 1.5 more likely to develop Alzheimer’s disease and related dementias compared to non-Latino Whites. STAR-C is a non-pharmacological intervention that trains family caregivers how to manage the behavioral and psychological symptoms of dementia. This study reveals the misconceptions about the stigma around dementia in the Latino Community.
We are honored to work alongside our providers delivering quality care in the community.

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Nos sentimos honrados de trabajar juntos a nuestros proveedores que brindan atención de calidad a la comunidad.
Heritage Bank believes in the power of community to improve the lives of those around us. This commitment affords us the opportunity to support local events such as Sea Mar Community Health Centers’ Latino Health Forum.
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MultiCare is proud to support SeaMar Community Health Centers’ Latino Health Forum. Working together, we will create greater health equity for Latinx communities in the Pacific Northwest.

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Seattle Children’s is proud to support the Latino Health Forum and partner in efforts to improve the health outcomes of the Latino community.

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