Have questions about the Program?

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This program is located at the following Sea Mar clinic location:

Sea Mar Turning Point Treatment Center
113 23rd Ave S, Seattle, WA 98144
### What To Expect:

- All medications including vitamins and over-the-counter medications must be surrendered to staff at admission
  - Vitamins supplements must be factory sealed and have written approval by a doctor. Valid prescription bottles with medication is preferred. You may bring in a 45 day supply of medications
- Required physical at Sea Mar within five days of being admitted
- Collection of a urine sample on admission for analysis.
- No visitations due to COVID-19
- Reschedule court and doctor’s appointments before entering into treatment.
  - Transportation to appointments may not be accommodated
- Letters or treatment verification may be sent to lawyers and courts upon admission.

### What To Bring:

- Up to one week’s worth of clean clothes that are comfortable and treatment appropriate
- A bath towel, pillow, blanket are provided. You may also bring your own
- Close-toed, comfortable shoes
  - Slippers, and flip-flops can only be worn in your room
- A coat or jacket that is to season appropriate
- Health and hygiene products:
  - toothbrush, toothpaste, brush/comb, soap, shampoo, deodorant, battery operated shavers, disposable razors, non-alcohol mouthwash, feminine hygiene products, cosmetics, blood sugar meter, and a CPAP if you have one.
- Stamps and envelopes if you wish to write letters
- Books such as AA/NA literature, spiritual, self-help reading materials, or a personal journal
- Art supplies: pens, colored pencils, coloring book
- A clear plastic water bottle
- A clock radio or battery operated radio/MP3 with earphones in assigned room only
- If you smoke tobacco you must bring your own.